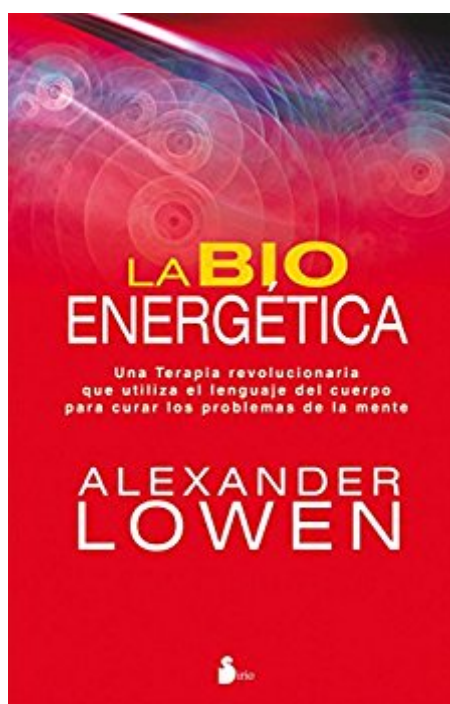


The book was found

LA BIOENERGETICA (Spanish Edition)



Synopsis

La bioenergética es una técnica terapéutica que ayuda a la persona a volver a su cuerpo y a disfrutar lo mejor posible de la vida corporal. La idea básica es la unidad dinámica del ser humano. Todas las funciones del hombre, tanto somáticas como psíquicas, son efecto de la energía vital y cualquier incremento o disminución de esa energía afectar tanto al cuerpo como a la mente. La interacción cuerpo-mente es tal que, siendo conscientes del propio cuerpo podemos llegar a saber quiénes somos en realidad, es decir, podemos llegar a conocer nuestra propia mente. Liberar las tensiones y corregir problemas psicológicos a través de la actividad corporal nos da la posibilidad de una vida más plena y más feliz. Este libro, convertido ya en un clásico, ha cambiado el horizonte de la psicoterapia así como el futuro de miles de hombres y mujeres.

Book Information

File Size: 1709 KB

Print Length: 304 pages

Publisher: EDITORIAL SIRIO; Tra edition (October 28, 2014)

Publication Date: October 28, 2014

Sold by: Digital Services LLC

Language: Spanish

ASIN: B00P2F2QEG

Word Wise: Not Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #576,803 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #58

in Books > Libros en español > Medicina > Alternativa e Integral #130 in Kindle Store >

Kindle eBooks > Foreign Languages > Spanish > Medicina #236 in Books > Libros en español > Salud, mente y cuerpo > Medicina Alternativa

Customer Reviews

Perfecto, no hay más que decir. El libro está en buenas condiciones y ha llegado a mis manos así. Muchas gracias,

Es una buena fuente para conocer de primera mano el tema de la Bioenergetica

Excelente, de buena calidad, lo recomiendo.

Excellent and promptly service

[Download to continue reading...](#)

Ejercicios de bioenergetica (Spanish Edition) IMANES: Como Prevenir, Mejorar y Curar la Enfermedad: Biomagnetismo y Bioenergetica Medica Goizeana Las Preguntas mas Frecuentes (Spanish Edition) LA BIOENERGETICA (Spanish Edition) Libros para ninos en espa ol:Leonardo la serie el le n (Libro en Espa ol para ni os Children's Spanish Books(Spanish book for kids) English Spanish Bilingual ... Spanish Editio) (Spanish Edition) Spanish kids books: Me Encanta Compartir I Love to Share (bilingual spanish-english, bilingual spanish children's books, libros infantiles) (Spanish English Bilingual Collection) (Spanish Edition) Spanish Conversation Book Intermediate I: Spanish Dialogues-Spanish to English Translation (Spanish Conversation Book for Beginner, Intermediate and Intermediate II Levels n   2) (Spanish Edition) Spanish Reader for Beginners-Elementary 2-Short Paragraphs in Spanish: Spanish to English Translation (Spanish Reader for Beginners-Elementary 1, 2 & 3) (Spanish Edition) Getting Started with Spanish: Beginning Spanish for Homeschoolers and Self-Taught Students of Any Age (homeschool Spanish, teach yourself Spanish, learn Spanish at home) Spanish Reader Intermediate 1: Short Stories in Spanish (Spanish Reader For Beginners, Intermediate and Advanced Students n   3) (Spanish Edition) Spanish Reader Advanced III: Spanish Short Stories (Spanish Reader for Beginners, Intermediate & Advanced Students n   7) (Spanish Edition) Spanish Grammar Beginners: A Dual Spanish Grammar Book for Beginners (Spanish Grammar Beginners & Intermediate n   1) (Spanish Edition) Spanish Reader Intermediate II: Short Stories in Spanish (Spanish Reader for Beginner, Intermediate & Advanced Students) (Spanish Edition) Spanish Conversation Book Intermediate II: Spanish Dialogues (Spanish Conversation Book for Beginners, Intermediate and Advanced Students n   4) (Spanish Edition) Large Print SPANISH Word Search Puzzles (Revised Edition No.1) (Large Print SPANISH Word Search Puzzles (Revised Edition Vol 1)) (Volume 1) (Spanish Edition) Conquer 918 Spanish Verbs: Your Simple 7 Step System To Learning Spanish Verb Tenses (learn Spanish, Spanish flash cards) English/Spanish and Spanish/English Legal Dictionary (English and Spanish Edition) The New World Spanish/English, English/Spanish Dictionary (El New World Diccionario espa ol/ingl  s, ingl  s/espa ol) (Spanish and English Edition) SaltShaker Spanish - English - Spanish Food & Wine Dictionary (Bilingual) (English and Spanish Edition) Spanish Crossword Puzzles for Practice and Fun (Dover Dual Language Spanish) (Spanish Edition) children's Spanish books: "El caracol despistado que el correo hab   a

olvidado":Libro en Espa ol para ni os(Spanish Edition) libro de animales(series) Cuento ... ESL
Books: (Spanish book for kids) n   1)

[Dmca](#)